



TOWN OF NORTH HEMPSTEAD
SUPERVISOR JUDI BOSWORTH, THE TOWN BOARD AND
THE DEPARTMENT OF SERVICES FOR THE AGING PRESENT:

Vitamins in Our Food



Stay Healthy! Come and learn what vitamins
are in certain foods.

Presented by:
Cornell Cooperative Extension-Nassau County



Thursday, September 22, 2016
11 a.m.-12 p.m.

Magnolia Gardens
Community Room
(899 Broadway, Westbury, NY 11590)

Please call 311 or 869-6311 to register or for more information.

*TUNE IN TO PROJECT INDEPENDENCE AND YOU -- ON WCWP – 88.1 FM RADIO or WCWP.org –
EVERY FRIDAY BETWEEN 10 AM AND NOON...for great information, entertaining guests, and more!*

CALL 311 OR (516) 869-6311
NORTHHEMPSTEADNY.GOV

Town of North Hempstead
Project Independence